

Larks Bar Lunch Menu

Starters

Homemade Soup of the Day		€6.25
Served with Homemade Brown Bread (G-Wheat & Oat, MK, N-Walnut, E, SS)		
Rings Farm Free Range Hot & Sour Wings	Small	€8.95
Smoked Garlic & Chive Aioli (MK, E)	Large	€16.00
Avalon Vol au Vent	Small	€8.95
Rings Farm Free Range Chicken, Ham & Mushroom in Puff Pastry Case with Chablis & Chive Cream (G-Wheat, E, MK, SP, CY)	Large	€16.00
St. Tolas Goats Cheese Salad	Small	€8.95
Spiced Butternut Squash, Mixed Leaf, Tomato, Cucumber, Sweet & Sour Dressing (MK, MD, SP)	Large	€16.00

Mains:

8oz Sirloin Steak		€24.95
Sauteed Mushrooms & Onions, Creamy Green Peppercorn Sauce, Salad & Fries (MK, E, SP, MD)		
Crispy Fried Cod Strips in a Lemon & Black Pepper Crumb		€16.95
Served with Mushy Peas, Homemade Tartare Sauce & Fries (G-Wheat, F, E, MK)		
8oz Herford Beef Burger		€17.95
Onion Ring, Tomato, Baby Gem, Ballymaloe Relish Aoili, Monterey Jack Cheese, Salad & Fries (G-Wheat, MD, E, MK)		
Sweet & Sour Shredded Chicken		€17.95
Crispy Shredded Chicken, Oriental Style Vegetables, Served with Rice & Fries (G-Wheat E, S, SS)		
Beef & Guinness Casserole		€17.95
Served with Mash & Seasonal Veg (SP, MK, CY)		
Vegan Quinoa & Cauliflower Burger		€17.95
Baby Gem, Tomato, Red Onion, Vegan Mayo Served with House Salad & Fries (G-Wheat, MD, S)		
Massaman Curry		€16.95
Chicken/Beef/Vegetable/Vegan Served with Rice & Fries (CY)		
Penne Pasta Chicken Carbonara		€16.95
Rocket, Red Onion & Garlic Bread (G-Wheat, E, MK, SP)		

Sandwiches

Avalon Sourdough Sandwich €14.95

Turkey, Ham, Ballymaloe Relish, Brie
Served with Salad & Fries
(G-Wheat, MK, CY, MD, SP)

Cajun Chicken Caesar Salad Wrap €14.50

Cajun Chicken, Smoked Bacon Lardons, Parmesan Shavings, Baby Gem & Caesar Dressing
Served with Salad & Fries
(G-Wheat, MK, CY, MD, SP)

Toasted Special €12.95

Honey Roasted Ham, Irish Cheddar Cheese, Tomato & Red Onion
Served with Salad & Fries
(G-Wheat, MK, SP)

Build your own sandwich on Batch, White, Sourdough, Brown or Gluten Free Bread €12.95

Chicken, Ham, Smoked Bacon, Cheddar Cheese, Red Onion, Baby Gem, Ballymaloe Relish or Mayo
Served with Salad and Fries
(G-Wheat, MK, SP)

Add Mug of Homemade Soup of the Day to any of the above for €2.50

Pizza

Garlic & Cheese Pizza €11.00

(G-Wheat, MK)

Classic Margherita €15.00

Plum Tomato & Basil Sauce, Buffalo Mozzarella (G-Wheat, CY, MK)

Cajun Chicken €15.50

Plum Tomato & Basil Sauce, Cajun Chicken, Chorizo & Jalapeno (G-Wheat, MK)

Pepperoni Pete €15.50

Smoked Bacon, Pepperoni, Mushroom & Red Onion (G-Wheat, MK)

Vegetarian €15.50

Goats Cheese, Tomato & Basil Sauce, Roasted Vine Cherry Tomatoes, Red Onion, Bell Peppers, Garlic & Rocket (G-Wheat, MK)

Vegan €15.50

Tomato & Basil Sauce, Roasted Vine Cherry Tomatoes, Red Onion, Bell Peppers, Garlic & Rocket (G-Wheat, CY, S)

Dessert

Baileys Cheesecake €7.95

Served with Chantilly Cream and Chocolate Sauce
(G-Wheat, MK, SP)

Cinnamon Apple Crumble €7.95

Served with Warm Toffee Sauce & Vanilla Ice Cream
(G-Wheat, E, MK)

Chocolate Orange Brownie €7.95

Served with Praline Ice Cream, Mixed Berry Compote
(MK, E, N-Almond, MK, E)

Salted Caramel Gateaux €7.95

Served with Vanilla Cream and Butterscotch Sauce
(E, MK, N-Almond)

Allergen Index

Gluten - G, Crustaceans - C, Eggs - E, Fish - F, Molluscs - M, Soybeans - S, Peanuts - P, Nuts - N, Milk - MK, Celery - CY, Mustard -MD, Sesame Seeds - SS, Lupin - L, Sulphates - SP